Southern Maine
**AGENCY**
On **AGING**
EMPOWERING OLDER ADULTS
AND THEIR CAREGIVERS

# Dental Suggestions

- More and more Medicare Advantage Plans are offering dental benefits. Call your insurance company to see if they provide any benefits (the telephone number is on the back of your card).

- People 21 and over with full MaineCare have access to comprehensive dental coverage. For more information or to find a provider, call MaineCare Member Services on 1.800.977.6740.

- If you are a Veteran, you may be eligible for benefits. Check with the VA Regional office by calling 1.800.827.1000.

- Does your dentist offer any payment plans or sliding fee scales? Does your dentist offer a senior discount?

- Would private dental insurance be an option for you? You can compare Stand Alone Dental Plans by visiting Maine Bureau of Insurance online at https://www.maine.gov/pfr/insurance/consumers/health-insurance-for-individuals-and-families/ or by calling 1.800.300.5000.

- Consumers for Affordable Health Care, 1.800.965.7476 may be able to answer your questions and provide additional resources.

- Would Care Credit work for you (credit card specifically for medical care needs)? They can be reached by calling 1.800.677.0718 or https://www.carecredit.com.

**Please see list of specific dental resources and dental clinics.**

Disclaimer:  Community resources are provided as a service of the Southern Maine Agency on Aging at the Sam L. Cohen Center, 30 Barra Rd., Biddeford, ME 04005, 1-800-427-7411.  The Agency on Aging does not license, endorse or recommend any provider, nor can we guarantee the quality of service from any provider.