

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Bella Point Bridgton

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**Contact:**

**Phones:** (207) 647-8821 [Business]

**Last Updated:** 04/04/2024 3:39:59PM

**Last Reviewed:** 03/21/2024

**Address:** [Business]\*  
186 Portland Road  
Bridgton, ME 04009 (Cumberland county)

**Web Site:** [www.dltchealthcare.com/bella-point-bridgton/](http://www.dltchealthcare.com/bella-point-bridgton/)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Bella Point Bridgton is a residential care facility in a beautiful country like setting. 57 residents can reside in this spacious home-like setting with a fish tank, large dining room, several outdoor spaces and many living rooms. Most of the double rooms are quite large and allow for residents bringing their personal belongings from home. Provide Local transportation; Dietary services; Housekeeping; Laundry; Activities.

### Cape Memory Care

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**Contact:**

**Phones:** (207) 553-9616 [Business]\*

**Last Updated:** 03/21/2024 3:13:23PM

**Last Reviewed:** 03/21/2024

**Address:** [Business]\*  
126 Scott Dyer Road  
Cape Elizabeth, ME 04107 (Cumberland county)

**Web Site:** <https://www.woodlandsmaine.com/location/cape-elizabeth/>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Cape Memory Care was constructed in 2010 to meet the growing need for high-quality memory care in the greater Portland area. Located in the beautiful and historic town of Cape Elizabeth, this gracious and comfortable environment for living was designed specifically for individuals living with Alzheimer's disease, dementia or other related memory impairments.

Thoughtfully designed, our memory care community offers family members peace of mind that their loved one is in a secure and comforting environment. Cape Memory Care features elegant architecture, interior decoration, and furnishings unmatched by other senior care communities in the area. We have drawn from our own experience and incorporated the most successful concepts in memory loss care to create the physical environment, services, amenities, and activities program.

Features: 72-bed memory care community featuring both private and shared rooms; Private pay or MaineCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Casco Inn Residential Care Facility

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**Contact:**

**Last Updated:** 03/21/2024 3:25:15PM

**Last Reviewed:** 03/21/2024

**Phones:** (207) 627-6054 [Fax],  
(207) 627-7199 [Business]\*

**Address:** [Business]\*  
434 Roosevelt Trail  
Casco, ME 04015 (Cumberland county)

**Web Site:** [www.cascoinn.com](http://www.cascoinn.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The Casco Inn is a 39 resident assisted living facility for the elderly. Our goal is to provide our residents with a comfortable home environment where they can be as independent and active as possible.

At The Casco Inn, beautiful outdoor areas abound. Sit and visit with friends, read a book, or simply enjoy the fresh air and sounds of nature. Our facility has private and semi-private rooms, a lovely screened in porch as well as two outdoor patios furnished for your comfort. Our Activity Program is active 6 days a week. Common activities include bingo, pet therapy, karaoke, cooking, musical entertainment and a daily exercise program.

The Casco Inn is visited weekly by Dr. Carl Schuler and podiatrist Robert Taylor. There is also an on-site beauty parlor and barber shop.

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Country Village Assisted Living

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**Contact:**

**Last Updated:** 04/03/2024 10:17:55AM

**Last Reviewed:** 03/22/2024

**Phones:** (207) 627-7111 [Business]\*,  
(207) 627-7505 [Fax]

**Address:** [Business]\*  
960 Meadow Road  
Route 121  
Casco, ME 04015 (Cumberland county)

**Web Site:** [www.countryvillageal.com](http://www.countryvillageal.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Country Village Assisted Living has been established for over 30 years with the mission of providing high quality, person-centered care for our residents in a homelike environment. We are proud to be a Maine-based, family owned and operated residential care home providing various levels of assistance to the senior citizens in our community.

Programs and Services: ?Private and Semi-Private Rooms; Medicaid beds available; Licensed nursing personnel available 24 hours; Qualified staffing 24 hours per day, 7 days a week; Medical, Physical, and Social resources; "Home-cooked" meals, alternatives available to personal preference; Daily calendar/activity schedule posted monthly; Social outings and special events; Beauty and styling salon in house, beautician available weekly; Stair chair; Housekeeping and laundry service by staff; Adult daycare/Respite care; Living areas with cable TV, telephones, and WIFI; Private cable/phones available at own cost. Respite may be available, contact facility directly for more information and details.

Physical Disability Support - Arthritis, physical disabilities, and age-related conditions are some of the few circumstances that prevent individuals from caring for themselves. Our caregivers can assist you with daily tasks such as mobility, eating, exercising, and grooming.

Care for Dementia Patients - Our experienced and highly trained caregivers provide the highest quality of care to both patients and their families. Our goal is to help individuals and their loved ones live happy and fulfilling lives. In a secure facility but have access to a wander guard system.

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Fallbrook Woods

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**Contact:**

**Last Updated:** 04/03/2024 10:21:47AM

**Last Reviewed:** 03/22/2024

**Phones:** (207) 878-0788 [Business]\*,  
(207) 878-7734 [Fax]

**Address:** [Business]  
60 Merrymeeting Drive  
Portland, ME 04103 (Cumberland county)

**Web Site:** [www.fallbrookwoods.com/](http://www.fallbrookwoods.com/)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Fallbrook Woods provides individuals in need of memory support a life-enriching, secured environment, surrounded by compassionate and dedicated health-care professionals. All staff — including those in housekeeping, maintenance and dietary — are trained in how to relate to those with memory impairment. This training includes how to engage, redirect and nurture in a positive direction.

A Life Enrichment program, specialized for those with memory impairment, runs seven days a week, and into the evening. The program focuses on enabling the resident to be and feel successful by setting reachable goals and allowing them to lend a helping hand, if they choose. Each activity is specifically planned for the enjoyment of people living with dementia, we create our programs with a "failure-free" philosophy that respects each person's interests and abilities. In addition to scheduled activities, our staff provides a variety of small group and one-on-one Life Enrichment support throughout the day and often into the evening hours.

Short-Term Stays - Fallbrook Woods is pleased to offer the same top-notch care and amenities we have for permanent residents to those who just need a place to stay for the short-term. We charge a single daily rate, and provide all meals, laundry, housekeeping and care. A minimum of 3 week stay required. Contact facility directly for more information and details.

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### First Atlantic: Freeport Place

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**Contact:**

**Phones:** (207) 865-3500 [Business]\*

**Last Updated:** 03/22/2024 9:05:49AM

**Last Reviewed:** 03/22/2024

**Address:** [Business]\*  
4 Old County Road  
Freeport, ME 04032 (Cumberland county)

**Web Site:** [www.freeport-place.com/](http://www.freeport-place.com/)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Freeport Place is an assisted living facility for 30 residents and provides an environment that allows each resident achieve their highest level of independence. All the routines and comforts of home are in place with professional support available 24 hours a day. Our team works with you and your family to develop individualized goals and treatment programs appropriate to your care needs. Professional rehabilitation services can also be made available. Care plans are developed which monitor progress and measure outcomes for clinical care and socialization.

Professional Services include: Primary Nursing – Consistent Assignment; Resident Care Director; Patient/Family Support and Education; Registered Nurse Consultant; Meals Customized for Needs/Preferences; Personal Care Attendants; Medication Supervision and Management;

Routine Health Status Assessments by Registered Nurses; Individualized Care Planning; Transportation Arranged for Outside Physician Visits; Optional Vegetarian Menu; Physician Oversight; Pharmacy Services.

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### First Atlantic: Hawthorne House

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**Contact:**

**Phones:** (207) 865-4782 [Business]\*

**Last Updated:** 04/05/2024 11:26:59AM

**Last Reviewed:** 04/05/2024

**Address:** [Business]\*  
6 Old County Road  
Freeport, ME 04032 (Cumberland county)

**Web Site:** [www.hawthorne-healthcare.com/](http://www.hawthorne-healthcare.com/)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Hawthorne House provides Skilled Nursing Care, Skilled Rehabilitation, Memory-impaired Living and Assisted Living

Nursing Care - Hawthorne House has designed an environment that allows each person the ability to be as independent as possible. All the routines and comforts of daily living are in place, with professional nursing support 24 hours a day. Our professional staff include the following: Licensed Administrator; On-call Medical Director; Licensed Social Worker; 24 Hour Licensed Nursing Staff; Certified Nursing Assistants; Certified Activities Director; Certified Food Service Director; Registered Dietician Consultant; Consultant Pharmacist.

Rehabilitation Services -Hawthorne House's rehabilitation services are coordinated with your physician and our therapists. Every recovery program is specific to each person and designed to meet their unique and individual goals.

Special Care Unit: Memory Care offers Family style dining; Enclosed and secure courtyard with gardens; Music & Memory Program Therapy; Reminiscence therapy; Specialized trained staff; Specialized activities.

Specialty Care Unit: Geri-psych; Private rooms; Activities; NAPPI trained staff; Cooking groups; Secure and enclosed courtyard; Psychiatric care team.

Other Services offered: Respite care; Hospice care; Spiritual services; Beautician and barbering services; Podiatry services; Wound care services. Plus a special wandering monitoring system provided for the safety of our residents.

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Gorham House: SeniorLifestyle

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**Contact:**

**Last Updated:** 04/23/2024 1:36:09PM

**Last Reviewed:** 04/23/2024

**Phones:** (207) 839-5757 [Business]\*,  
(207) 839-8263 [Fax]

**Address:** [Business]\*  
50 New Portland Road  
Gorham, ME 04038 (Cumberland county)

**Web Site:** <https://www.seniorlifestyle.com/property/maine/gorham-house/>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Gorham House offers Independent Living, Assisted Living, Nursing Services (Skilled/Rehabilitation, Nursing Home Care, Comfort Care) and Memory Impaired care options.

\*\*Not all communities at Gorham House accept Mainecare, see each community for more information.

The Independent Living communities at The Gorham House are apartment homes with access to professional team members, dining services, and other convenient amenities.

\*\*PRIVATE PAY only, please call for current fee structure.

Assisted Living at the Gorham House for older adults with a need for assistance with daily activities, who want freedom from difficult home maintenance and chores, want more opportunities to enjoy life, socialize, and learn. Older adults who need daily assistance with household chores or personal care can benefit from the service offered in the Assisted Living communities.

\*\*PRIVATE PAY only, please call for rates.

Memory Care, 8 private and 20 semi-private apartments for people who have Alzheimer's or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program. Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living.

Please call for more information and current costs.

\*\*Private pay required for 2 years before MaineCare accepted.

Windsor Common is a Skilled Rehab unit (20 beds) and fully Licensed Nursing Home (32 beds). Residents of Gorham House get priority placement in the skilled unit when needed. The focus is on short term rehabilitation. In addition to Occupational, Speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms. This unit is designed to care for people with limited physical mobility.

\*\*Accepts Mainecare.

Gorham House also has a 17 bed geropsychiatric nursing facility, with both skilled nursing and intermediate care beds. The facility specializes in caring for patients who have a second diagnosis of mental illness. This nursing facility is specifically for individuals who have been diagnosed with a psychiatric illness.

\*\*Referrals must be from Maine DHHS.

For more information call or visit <https://www.seniorlifestyle.com/property/maine/gorham-house/>

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Inn at Village Square

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**Contact:**

**Phones:** (207) 839-5101 [Business]\*

**Last Updated:** 03/22/2024 9:20:38AM

**Last Reviewed:** 03/22/2024

**Address:** [Business]\*  
123 School Street  
Gorham, ME 04038 (Cumberland county)

**Web Site:** [www.innatvillagesquare.org](http://www.innatvillagesquare.org)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Inn at Village Square, managed by Avesta Housing, has been providing Assisted Living services since 1999. The Inn is licensed for 37 residents, ensures that seniors 62 and older who find it difficult to live unassisted in their own residence can enjoy their independence while also being afforded the luxury of individual attention, incredible meals, and engaging activities in a safe, secure, and friendly environment. There is a dining room, activity room for social functions, comfortably furnished common areas, an on-site salon/barbershop, and outdoor patios and a garden. Services included in the rates are 3 meals daily, medication administration, personal care assistance, housekeeping and laundry, 24-hour staffing with RN supervision, an emergency call system, and transportation for medical appointments. Inn at Village Square is not licensed for dementia care. Short term respite care can be arranged depending upon bed availability. Please call to confirm daily rate, for more information, and/or an application.

### Island Commons Assisted Living

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**Contact:**

**Phones:** (207) 846-5610 [Business]\*,  
(207) 846-9706 [Business Fax],  
(207) 846-4456 [Other]

**Last Updated:** 03/22/2024 9:31:17AM

**Last Reviewed:** 03/22/2024

**Address:** [Business]\*  
132 Littlefield Road  
Chebeague Island, ME 04017 (Cumberland county)

**Web Site:** [www.islandcommons.com](http://www.islandcommons.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Island Commons is Chebeague Island's 7-bed Assisted Living Home providing Residential Care, Respite Care, and Adult Day Care. The Chebeague Cares program provides in-home assistance with tasks of daily living. Through Island Commons Resource Center (ICRC), they also provide an equipment loan closet designed to serve the Island community. We are a MaineCare provider.

Adult Day Services - Island Commons can accommodate two additional adults each day for health monitoring, rest and personal care services in addition to a group program of meals, therapeutic activities, medication administration, supervision, and companionship. This valuable program is available to any elder on Chebeague who wishes to spend a day with others, share a meal and participate in group or individual activities.

RESPIRE CARE - 24-hour care is available for short term on a space available basis to provide rest for family members caring for their elders at home. Respite care recipients are provided with meals, assistance with activities or daily living, medication administration, group activities, on-island transportation, individual activities, supervision and companionship. As with long-term residents, skilled nursing, physical therapy, occupational therapy and speech therapy services can be provided at the Island Commons by mainland home health agencies. Respite care can be from one 24-hour day to weeks at a time.



## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Maine Veterans Home: Scarborough

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**Contact:**

**Last Updated:** 04/04/2024 3:58:06PM

**Last Reviewed:** 03/21/2024

**Phones:** (207) 883-7184 [Business],  
(800) 278-9494 [Toll-Free]\*

**Address:** [Business]\*  
290 US Route 1  
Scarborough, ME 04074 (Cumberland county)

**Web Site:** <https://mainevets.org/scarborough>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing care, memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.

### One Willow Manor Assisted Living Facility

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**Contact:**

**Last Updated:** 03/26/2024 11:57:57AM

**Last Reviewed:** 03/26/2024

**Phones:** (207) 799-2615 [Business]\*

**Address:** [Business]\*  
97 School Street  
South Portland, ME 04106 (Cumberland county)

**Web Site:**

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** One Willow Manor is a small, family operated assisted living facility with 6 beds. Services include 24 hour supervision, 3 meals/day, personal care assistance, laundry, housekeeping, and medication dispensing. The facility strives to maintain a home-like atmosphere. They cannot accommodate residents with wheelchairs. Please call for more information, a tour, or an appointment ask for Cindy.

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Portland Center for Assisted Living

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**Contact:**

**Last Updated:** 03/26/2024 12:08:49PM

**Last Reviewed:** 03/26/2024

**Phones:** (207) 772-3230 [Fax],  
(207) 772-2893 [Business]\*

**Address:** [Business]\*  
68 Devonshire Street  
Portland, ME 04103 (Cumberland county)

**Web Site:** [www.pcalmaine.com](http://www.pcalmaine.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Located in the heart of Maine's largest city, Portland Center for Assisted Living provides accommodations for 170 Residents, including 28 secure living spaces for those who are memory impaired. Devonshire Place at PCAL recognizes the unique needs of individuals with memory loss. We believe in the dignity of those we serve by recognizing their physical, emotional and spiritual needs. We strive to assist every individual to achieve their highest level of well being with a tailored atmosphere allowing them to flourish.

The rooms are fully furnished, but residents are welcome to bring personal belongings. Services included in the rates are housekeeping, laundry services, medication administration, 3 meals/day, snacks available anytime, limited assistance with bathing and dressing, and transportation to medical appointments and recreational activities. Please call for an informational packet and/or a tour of the facility. Mainecare accepted.

### Prince Point

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**Contact:**

**Last Updated:** 04/04/2024 9:20:06AM

**Last Reviewed:** 04/04/2024

**Phones:** (207) 781-4714 [Business]\*,  
(207) 781-8201 [Other]

**Address:** [Residence]\*  
191 Foreside Rd  
Falmouth, ME 04105 (Cumberland county)

**Web Site:** [www.dltchealthcare.com/princepoint/](http://www.dltchealthcare.com/princepoint/)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Prince Point is an 84 bed residential care facility in Falmouth, Maine. Prince Point is located just minutes from downtown Falmouth, Portland and surrounding suburbs. Provides assisted living, with medical care under the direction of the resident's attending physician. We provide: 24-hour staffing, Medication Administration, care planning, local transportation, Dietary services, Housekeeping, Laundry, Activities. They do not offer Memory care or respite at this time. They will accept Mainecare with no private pay requirement.

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Seventy Five State Street

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**Contact:**

**Last Updated:** 03/26/2024 12:21:58PM

**Last Reviewed:** 03/26/2024

**Phones:** (207) 618-8775 [Business Fax],  
(207) 775-7775 x 2224 [Business]\*

**Address:** [Business]\*  
75 State Street  
Portland, ME 04101 (Cumberland county)

**Web Site:** [www.75statestreet.org](http://www.75statestreet.org)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** 75 State Street is a nonprofit senior community offering a continuum of care that includes Independent Living and Assisted Living. Our mission is to promote the independence, dignity, and individuality of older people of all financial abilities by offering supportive programs and services in an urban, residential setting. We provide a wide variety of amenities and services tailored for residents living independently and residents needing additional assistance.

Independent Living offers a safe, supportive environment where you can age in place. Offers: Varied rental units ranging from studios to spacious 1,300 square foot two-bedroom apartments; Designated parking spaces; Daily activities, fitness, and wellness programs; 24-hour emergency response.

The Assisted Living service package is all-inclusive, with all the needed care for one set price. Our medical staff can be involved in all aspects of your health and well being, while our care team can assist you with all of your activities of daily living. 75 State Street is a MaineCare eligible community. Offering: Private studios, suites and one bedroom rental units; 24-hour healthcare staff for assistance and emergency response; Three restaurant-style meals per day; Daily community engagement activities.

Call for more information and rates.

### The Park Danforth: Clark's Terrace

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**Contact:**

**Last Updated:** 03/26/2024 12:28:57PM

**Last Reviewed:** 03/26/2024

**Phones:** (207) 797-7710 [Business]\*,  
(207) 878-9543 [Business Fax]

**Address:** [Business]\*  
777 Stevens Avenue  
Portland, ME 04103 (Cumberland county)

**Web Site:** [www.parkdanforth.com](http://www.parkdanforth.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Clark's Terrace is an assisted living program with 36 standard and deluxe studio suites, each featuring a kitchenette, private bath, and emergency call system. The standard service package includes: three meals/day, social activity program, service coordination, housekeeping, 24/7 personal care staff, transportation to grocery and medical appointments, nutritional counseling, medication supervision and administration, personal care services, nursing supervision of health issues, personal laundry service. There are daily activities scheduled such as Bingo, bowling, shopping and entertainment trips. Please call or visit the website for current rates, more information, to arrange a tour, and for an application.

Note: Currently there is a short waiting list for private pay applicants. For those applying under the MaineCare long term care program, there is a waiting list of approximately three or more years.

## Provider List - Assisted Living - Cumberland County - Mainecare Accepted

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### Woodlands Memory Care of Bridgton

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**Contact:**

**Last Updated:** 03/26/2024 11:44:38AM

**Last Reviewed:** 03/21/2024

**Phones:** (207) 803-6615 [Business]\*,  
(207) 544-5144 [Fax]

**Address:** [Residence]\*  
200 North High St  
Bridgton, ME 04009 (Cumberland county)

**Web Site:** [www.woodlandsmaine.com/location/bridgton/](http://www.woodlandsmaine.com/location/bridgton/)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Woodlands Memory Care of Bridgton is the first and only purpose-built senior living community in the Bridgton area designed exclusively to address the unique needs of individuals living with Alzheimer's disease and related memory impairments.

This 24,000 square-foot community features the latest developments for memory care including abundant natural light, home-scaled areas for resident engagement and safety systems. An onsite beauty salon, physical and occupational therapy center, and a large outside courtyard with walking paths, gardens and gazebos are just some of the amenities.

Features: 48-bed memory care community featuring 16 private and 16 shared rooms; Private pay and MaineCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.