



372 Alfred Road, Sanford & 630 Main St, Springvale, ME

BREAKFAST

Please present your "As You Like It" card at time of order

All meals include choice of coffee, tea or small soda, milk and fruit cup or small juice

- 2 eggs, home fries, toast, and your choice of 2 slices of bacon, 2 sausage links or 1 sausage patty
- 2 egg omelet, toast, home fries, 2 slices bacon or sausage links
- Eggs Benedict and home fries
- 2 scrambled eggs, 1 pancake with choice of strawberries, apples, raspberries or blueberries, 2 slices bacon or sausage links or 1 sausage patty
- 2 slices of French toast with choice of strawberries, apples, raspberries or blueberries, 1 egg and 2 slices bacon or sausage links or 1 sausage patty
- ½ waffle with choice of strawberries, apples, raspberries or blueberries, 2 scrambled eggs and 2 slices bacon or sausage links or 1 sausage patty
- Breakfast sandwich on English muffin : (egg, cheese and bacon or sausage patty) and home fries
- Cup of oatmeal with brown sugar, cottage cheese, fruit cup and toast
- 2 eggs, hash and toast
- Healthy sandwich (egg whites with cheese inside a folded multi-grain flatbread) with fruit cup and beans or home fries

**Gratuity not included in price of "As You Like It" meal*



As You Like It

Is a program of:



Southern Maine Agency on Aging



Creating Better Days

1-800-400-6325 ■ www.smaa.org



372 Alfred Road Sanford & 630 Main St, Springvale, ME

Lunch

Please present your "As You Like It" voucher at time of order

All meals include choice of coffee, tea or small soda, milk and fruit cup or small juice

- Hamburger (plain or with cheese), lettuce, tomato and French fries
- Chicken salad sandwich with fries, and coleslaw or vegetable of the day
- Haddock sandwich with fries, and coleslaw or vegetable of the day
- Pot roast with potatoes and vegetable and bread
- Spaghetti with meat and vegetable sauce, side salad and garlic bread
- ½ sandwich with your choice of soup or chowder (when available)
- 2 chicken fingers with potatoes and vegetables
- 2 haddock pieces with potatoes and vegetables

**Gratuity not included in price of "As You Like It" voucher*



As You Like It

Is a program of:



1-800-400-6325 ■ www.smaaa.org