

Provider List - Home Care (non-medical) - Cumberland County

Aging Excellence: Bridgton/Sebago

Contact:

Last Updated: 04/27/2022 2:19:09PM

Last Reviewed: 04/27/2022

Phones: (866) 988-0991 [Toll free in state]*,
(207) 329-9075 [Cellular/Mobile]

Address: [Residence]*
95 Main St
Bridgton, ME 04009 (Cumberland county)

Web Site: www.seniorsonthego.com

Eligibility:

Notes: Aging Excellence offers a variety of services, activities, and retail goods that are designed to assist older adults to remain active and independent in the community. Services provided include: care management coordination, organized day trips and transportation (please note that Aging Excellence does not have wheelchair accessible vehicles), reminder service, chore services, homemaker/companion services, telephone reassurance, personal car services, and handyman services.
Fees vary depending on service.
Please call for more info or initial consultation (in-home or in-office) to review services
Registered Personal Care Agency.
Hours: Monday through Friday 8am - 5pm.

Aging Excellence: Brunswick

Contact:

Last Updated: 04/27/2022 1:51:38PM

Last Reviewed: 04/27/2022

Phones: (207) 729-0991 [Business]*,
(866) 988-0991 [Toll-Free],
(207) 729-0944 [Business Fax]

Address: [Business]*
168 Pleasant Street
Brunswick, ME 04011 (Cumberland county)

Web Site: www.seniorsonthego.com

Eligibility:

Notes: Aging Excellence Inc. offers a variety of non-medical services, activities, and retail goods that are designed to assist older adults to remain active and independent in the community. Services include care management coordination, organized day trips and transportation for appointments, and errands, reminder service, chore services, homemaker/companion services, telephone reassurance, personal care services, and handyman services. Age 50-or disabled.
Please call FMI and/or a free initial consultation to discuss needs.
Fees vary per project.
Registered Personal Care Agency.
Serves: Brunswick, Cumberland, Freeport, Yarmouth, and Bridgton/Sebago area.
Hours: Monday through Friday 8am - 5pm; services 24/7.

Provider List - Home Care (non-medical) - Cumberland County

Aging Excellence: Portland

Contact:

Last Updated: 04/27/2022 2:00:24PM

Last Reviewed: 04/27/2022

Phones: (207) 317-6430 [Mobile],
(207) 771-0991 [Business]*,
(207) 771-0958 [Business Fax],
(866) 771-0991 [Alternate]

Address: [Business]*
710 Forest Ave.
Portland, ME 04101 (Cumberland county)

Web Site: www.seniorsonthego.com

Eligibility:

Notes: Aging Excellence offers a variety of services, activities, and retail goods that are designed to assist older adults to remain active and independent in the community. Services provided include: care management coordination, organized day trips and transportation (please note that Aging Excellence does not have wheelchair accessible vehicles), reminder service, chore services, homemaker/companion services, telephone reassurance, personal car services, and handyman services.

Fees vary depending on service.

Please call for more info or initial consultation (in-home or in-office) to review services

Services Greater Portland Metro Area.

Registered Personal Care Agency.

Hours: Monday through Friday 8am - 5pm.

Align Home Care

Contact:

Last Updated: 08/02/2022 8:59:52AM

Last Reviewed: 08/02/2022

Phones: (207) 835-4849 [Business]*

Address: [Business]
124 Fletcher St
Kennebunk, ME 04043 (York county),
[Business]*
251 US Highway 1, Suite D
Falmouth, ME 04105 (Cumberland county)

Web Site: www.alignhomecare.com

Eligibility: Age 62 & older or declared disabled, Other - See Notes

Notes: Formerly Home Care Assistance, Align Home Care believes in customizing balanced and holistic care plans for seniors and adults of any age wanting to remain safely in the place they call HOME. Align Home Care encourages our clients to partake in all activities of daily living and home tasks that they can still do, helping them to remain independent, happy and purposeful through any emotional or physical challenge. Care can include, but not limited to, personal care, light housekeeping, med reminders, errands, appointments, meal prep and enjoyable trips outside of the home. We specialize in encouraging our clients to maintain good nutrition, hydration, social interaction, meaningful building activities and spiritual well being. 4 hour shifts up to 24/7 as well as Live-In. Call for a free in-home consultation.

Provider List - Home Care (non-medical) - Cumberland County

ANCHOR Care

Contact:

Phones: (207) 846-6886 [Business]*

Last Updated: 04/27/2022 2:23:47PM

Last Reviewed: 04/27/2022

Address: [Business]*
374 US Route 1, Suite 5
Yarmouth, ME 04096 (Cumberland county)

Web Site: <http://www.anchorcareservices.com/index.html>

Eligibility:

Notes: ANCHOR Care provides services such as companionship, help with personal hygiene, meal preparation, light housekeeping, overnight monitoring and medication reminders, family respite, travel escort, household management, mobility assistance, transportation to medical appointments and travel escort, and activities. Services are available in blocks of time from 2-24 hours, seven days a week and holidays. They also provide Geriatric Care Management.

Private pay and most long term care insurance is accepted.

Please call or visit the website for more information or to discuss/arrange for services.

Angel Home Care & Cleaning

Contact:

Phones: (207) 647-2149 [Business]*

Last Updated: 05/10/2022 11:56:22AM

Last Reviewed: 04/29/2022

Address: [Business]*
Not Published
Bridgton, ME 04009 (Cumberland county)

Web Site: <http://angelhomecare.live>

Eligibility:

Notes: Angel Home Care & Cleaning is a registered personal care agency that offers home non-medical services including companionship, leisure activities, transportation for shopping, errands, and appointments, meal prep and clean up, light housekeeping and yard work, assistance with correspondence, pet care, and resources for additional services. They also offer overnight stays and respite care. Serves the Greater Lakes Region area.

Please call to discuss services needed, current hourly and per mile rates; private pay

Provider List - Home Care (non-medical) - Cumberland County

Arcadia Health Care: Portland

Contact: [Business]*
Last Updated: 09/06/2022 12:12:46PM
Last Reviewed: 04/27/2022

Phones: (866) 324-3401 [24-hour hotline]*

Address: [Business]*
1050 Forest Ave
Portland, ME 04103 (Cumberland county)

Web Site: www.arcadianewengland.com

Eligibility:

Notes: Arcadia provides home care tailored to the client's needs and wishes. Health care services are provided by registered nurses, licensed practical nurses, and certified nurses aides. Non-medical care such as personal care assistance, homemaker, companionship and transportation is also available.

Please call for more information and/or to arrange for services.

Catholic Charities Maine: Independent Support Serv

Contact: [Business]*
Last Updated: 04/27/2022 3:12:02PM
Last Reviewed: 04/27/2022

Phones: (207) 781-8550 [Business],
(800) 781-8550 [Toll free in state]*

Address: [Business]
80 Sherman St.
Portland, ME 04101 (Cumberland county),
[Business]*
66 State Street
P.O. Box 797
Portland, ME 04101 (Cumberland county),
[Business]
307 Congress Street
P.O. Box 10660
Portland, ME 04104 (Cumberland county)

Web Site: <http://www.ccmaine.org/a-z-services/independent-support-services>

Eligibility:

Notes: Catholic Charities of Maine (CCM) Independent Support Services is the state contractor for homemaking services (section 69) that provides eligible seniors and disabled individuals services such as grocery shopping, laundry and errands, and light house cleaning so that they can remain in their homes. Services may be available at no charge for people meeting eligibility guidelines. For others a co-payment is required. CCM determines eligibility for section 69 services, but a referral can still be made to MAXIMUS to determine potential eligibility for other long term care programs. IF MAXIMUS indicates Homemaker is the appropriate program they will refer the individual to CCM

Eligibility: Age 60 and older or declared disabled; Income = or < 200% FPL and assets <\$50,000/1 or \$75,000/2; deemed eligible by CCM

Telephone referrals may be made by the individual in need, family members, or other interested party or community based agencies.

Please call 781-8550 Portland Office or 888-477-2263 Main Office

Provider List - Home Care (non-medical) - Cumberland County

Coastal Care Solutions, LLC

Contact:

Last Updated: 05/16/2022 8:57:53AM

Last Reviewed: 04/27/2022

Phones: (207) 331-4155 [Business]*

Address: [Business]*
26 Willard St
South Portland, ME 04106 (Cumberland county),
[Mailing]
26 Willard St
South Portland, ME 04106 (Cumberland county)

Web Site: <https://coastalcare-solutions.com/>

Eligibility:

Notes: Coastal Care Solutions provides personal care and companionship services to older adults and seniors. Our Specialty care includes respite, 24/7 care, Alzheimer's and dementia, Transitional Care, Home Management Services, End-of-Life Support. Our "Be Well" Philosophy combines aging-in-place and wellness. We promote getting outdoors in nature, being active and independent, and finding the joyful moments in each day. Non-medical care needs/support at home, hospital, or senior living communities. Accepts VA Benefits, Long Term Care Insurance, a private pay. Serves Southern Maine.

Please call for more information.

Comfort Keepers

Contact:

Last Updated: 04/27/2022 3:29:08PM

Last Reviewed: 04/27/2022

Phones: (207) 494-3026 [Business]

Address: [Business]
57 Portland Rd
Kennebunk, ME 04043 (York county),
[Business]*
253 US Route 1
Scarborough, ME 04074 (Cumberland county)

Web Site: www.comfortkeepers.com/offices/maine/scarborough

Eligibility:

Notes: Comfort Keepers provides non-medical services in-home and to clients in hospitals, nursing homes or assisted living facilities. Services offered include personal care, companionship, light housekeeping, laundry, meal prep, medication reminders, grooming, errand services, shopping assistance, recreational activities, transportation to doctor appointments or other commitments, and respite care for caregivers. Focus is older adults but will consider adults of any age.

Please call for more information and/or to arrange for services. There are 2 locations - Kennebunk and Scarborough

Provider List - Home Care (non-medical) - Cumberland County

Compassionate Home Care of Maine, LLC

Contact:

Last Updated: 04/27/2022 3:38:42PM

Last Reviewed: 01/07/2021

Phones: (207) 408-2253 [Business]*

Address: [Mailing]
49 Ballpark Dr
Portland, ME 04103 (Cumberland county),
[Business]*
49 Ballpark Dr
Portland, ME 04103 (Cumberland county)

Web Site: www.compassionatehomecareofmaine.com

Eligibility:

Notes: Compassionate Home Care offers a variety of non-medical services, such as companion care, medication reminders, respite care, socialization, errands, cooking, cleaning, laundry, transportation to and from medical appointments, bathing, dressing, etc.

First Light Home Care of Southern Maine

Contact:

Last Updated: 04/27/2022 3:46:41PM

Last Reviewed: 04/27/2022

Phones: (207) 591-9139 [Business]*

Address: [Business]*
940 Roosevelt Trail, Suite 6
Windham, ME 04062 (Cumberland county)

Web Site: www.firstlighthomecare.com

Eligibility:

Notes: First Light Home Care of Southern Maine is a home non-medical services provider offering complete companion and personal care services for seniors, new mothers, and those recovering from surgery - or anyone who just needs a little assistance.

They also offer a Personal Emergency Response and MedSmart (medication dispensing system) - There is a one time installation fee that includes a monthly visit at no cost to check that it is working correctly. Please call for more information.

Provider List - Home Care (non-medical) - Cumberland County

Friends In-Home Care

Contact:

Last Updated: 04/27/2022 3:51:58PM

Last Reviewed: 04/27/2022

Phones: (207) 846-5525 [Business]*,
(866) 846-5525 [Toll free in state]

Address: [Business]*
765 Rt 1
Yarmouth, ME 04096 (Cumberland county)

Web Site: <http://friendsinhomecare.com/>

Eligibility:

Notes: Friends In-Home Care is a non-medical service offering assistance with activities of daily living and services such as transportation (for errands, shopping, appointments or just a drive), light house cleaning, meal preparation and companionship. In addition, personal care such as bathing and toileting, assistance with ambulation and physical therapy routines is offered. Visit times are flexible and range from 3hrs to 24hrs a day.

FIHC offers a Hospital to Home service. The program is designed the program to help seniors return home safely after being hospitalized. They can accommodate both planned and unplanned hospitalizations and will tailor your care needs to your individual requirements. Our staff will be happy to meet you at the hospital, provide transportation home, make any stops necessary such as picking up prescriptions, grocery shopping and anything else you may need. Once arriving at your home, we can help get you settled, prepare food, tidy up make sure you're comfortable. From that point we can schedule staff to stay with you for as long as you like or return for follow up visits.

Please call with questions or for more information.

Home Instead Senior Care: Cumberland County

Contact:

Last Updated: 08/16/2022 9:30:58AM

Last Reviewed: 04/29/2022

Phones: (207) 405-2590 [Business]*

Address: [Business]*
502 Main Street
Gorham, ME 04038 (Cumberland county)

Web Site: www.homeinstead.com/321

Eligibility:

Notes: Home Instead Senior Care provides non-medical services to clients in Cumberland County. They require 8 hours a week minimum. Care is provided in their homes, independent living, assisted living and nursing facilities. Services include personal care, companionship, meal preparation, medication reminders, light housekeeping, transportation errands, shopping, and respite care.

HFC® (formerly Hilarity for Charity) and the Home Instead® network are working together to award home care grants to those providing care to their loved ones living with Alzheimer's disease or other dementias. The HFC Alzheimer's and Dementia Care Grants are awarded across the United States and Canada. The goal of the grant program is to provide exceptional home care to families affected by this disease, and to give these families support and rest. These grants are facilitated by Home Instead, where available. These grants are for respite care hours, there is no cash value.

Please call office to discuss your needs or to arrange a free no-obligation in-home assessment.

Provider List - Home Care (non-medical) - Cumberland County

Home Support Services & Helpline

Contact:

Last Updated: 03/25/2022 2:27:37PM

Last Reviewed: 03/25/2022

Phones: (207) 892-1454 [Business]*,
(207) 892-1452 [Fax]

Address: [Business]
110 A Tandberg Trail
Windham, ME 04062 (Cumberland county)

Web Site: www.callhomesupport.com

Eligibility:

Notes: Home Support Services offers homemaker/chore services and personal care including assistance with ADLs and medication reminders. Other services may be arranged by mutual agreement.

They also offer Helpline, an emergency response system that uses a wristband or pendant transmitter that, when pushed, alerts the 24/7 monitoring center where trained personnel contact the subscriber to determine nature of the call and then will contact local emergency personnel, a family member or friend per instructions given during the sign-up process.

Please call or visit the website for more information, current fees, and to arrange for services.

In-Home Senior Services

Contact:

Last Updated: 05/16/2022 1:07:36PM

Last Reviewed: 05/16/2022

Phones: (800) 689-4311 [Toll-Free],
(207) 222-0740 [Business]*,
(207) 222-0742 [Fax]

Address: [Business]*
20 Mechanic St.
Gorham, ME 04038 (Cumberland county)

Web Site: www.inhomeseniorservices.com

Eligibility:

Notes: Services are customized to meet client needs, and can be arranged hourly, daily, weekly or twenty four hours a day - whatever it takes to keep one secure and safe at home. Services offered include personal care, companionship, homemaking services and transportation for appointments, shopping and errands. Respite care can be arranged as well.

Please call for more information or to set up an in-home appointment to discuss service needs.

Provider List - Home Care (non-medical) - Cumberland County

MAS Home Care of Maine

Contact:

Phones: (207) 591-4457 [Business]*

Last Updated: 05/16/2022 1:09:19PM

Last Reviewed: 05/16/2022

Address: [Business]*
21 Saco Street
Westbrook, ME 04092 (Cumberland county)

Web Site: www.mashomecare.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Provides PCA care, either short or long term ranging from 2 hours up to 24 hours. Provide PSS, CNA/HHA, LPN, RPT, OT, ST, RT services to clients in a home care setting. Provide lab services such as blood draws etc and IV Therapy to clients. Hours: Mon-Fri 8a-4p; on call available after hours 7 days a week

Please Call for more information and/or to schedule services

Pine Tree Home Health Care

Contact:

Phones: (207) 926-6190 [Business]*,
(877) 580-6754 [Business]

Last Updated: 05/16/2022 1:16:23PM

Last Reviewed: 05/16/2022

Address: [Mailing]
Po Box 88
New Gloucester, ME 04260 (Cumberland county),
[Business]*
21 Upper Village Street
New Gloucester, ME 04260 (Cumberland county)

Web Site: www.pinetreehomehealth.com

Eligibility:

Notes: Pine Tree Home Health Care provides personal care and homemaker services including light housekeeping and errand running.
Serves: Gray-New Gloucester, Freeport, Raymond, Windham, N. Windham, Casco; Portland, Falmouth, Yarmouth, .Yarmouth. Counties: Androscoggin, Cumberland, Sagadahoc, Oxford and York.

Please call FMI or to discuss services needed; expect a prompt response - will try to accommodate emergency situations.

Provider List - Home Care (non-medical) - Cumberland County

The Opportunity Alliance Senior Companions

Contact:

Last Updated: 05/16/2022 1:20:20PM

Last Reviewed: 05/16/2022

Phones: (800) 698-4959 [Toll-Free],
(207) 773-0202 [Business]*

Address: [Business]*
50 Lydia Lane
South Portland, ME 04106 (Cumberland county),
[Mailing]
Senior Volunteer Programs
222 St. John St., Suite 302B
Portland, ME 04102 (Cumberland county)

Web Site: <http://www.opportunityalliance.org/senior-companion-program>

Eligibility: Income and/or Asset Level

Notes: The Senior Companions Program supports the independence of seniors by assisting leisure activities, shopping for groceries, providing support and transportation for medical appointments, as well as company and companionship. Senior Companion volunteers who are income eligible receive a stipend that does not count as income or affect other benefits. They also receive mileage reimbursement, are covered by accident/liability insurance, and receive pre-service and in-service training.

Volunteers must be age 55+, commit to 20 hours a week and to get stipend income = or < 200% of FPL per week

Volunteers and recipients - please call or email for more information; recipients must have an agency, caregiver or family member available as a program contact.

Serves York and Cumberland counties