

## Provider List - Assisted Living - York County

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### Anchor Senior Care Residence

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**Contact:**

**Last Updated:** 03/17/2022 8:43:41AM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 324-4046 [Business]\*,  
(207) 324-8849 [Fax]

**Address:** [Business]\*  
25 Oak Street  
Springvale, ME 04083 (York county)

**Web Site:**

**Eligibility:**

**Notes:** Anchor Senior Care is a licensed 10 bed Level IV residential Care Facility. They provide a family atmosphere, nutritious home-cooked meals, transportation to doctor appointments and take pride in keeping a clean, comfortable, warm, safe environment that allows for personal independence and respect and allows privacy. Mainecare is accepted.  
Please call for more information and/or to apply for admission.

### Atlantic Heights

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**Contact:**

**Last Updated:** 03/17/2022 2:59:55PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 283-3022 [Business]\*,  
(207) 283-4236 [Business Fax],  
(800) 874-6990 [Toll free in state]

**Address:** [Business]\*  
100 Harbor Drive  
Saco, ME 04072 (York county)

**Web Site:** [www.atlanticheightsretirement.com](http://www.atlanticheightsretirement.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Atlantic Heights is a retirement community that offers a wide range of housing options and services including Independent Living, Assisted Living, Alzheimer's Care, Respite, Skilled Nursing & Rehab, Long Term Care and Hospice. Community members have priority access to the comprehensive healthcare services offered at Atlantic Heights. Vary depending on Housing & Services options selected.

Please call for more information.

## Provider List - Assisted Living - York County

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### Atria Kennebunk

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**Contact:**

**Last Updated:** 03/17/2022 9:56:46AM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 467-9121 [Fax],  
(207) 985-5866 [Business]\*

**Address:** [Business]\*  
One Penny Lane  
Kennebunk, ME 04043 (York county)

**Web Site:** [www.atriakennebunk.com/](http://www.atriakennebunk.com/)

**Eligibility:**

**Notes:** Atria provides an environment where seniors live as actively and independently as possible. All apartments include private bath, kitchenette, ample closets, and emergency call buttons. There are 4 service programs tailored to individual needs: independent living, assisted living, a secure wing for those with memory impairment and a short term basis respite program for seniors recovering from an illness or surgery or who would like to try assisted living to see what it's like. Please call for more information and/or to arrange an appointment. This facility offers an independent living option and is also pet friendly.

### Avita of Wells

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**Contact:**

**Last Updated:** 09/07/2022 3:59:41PM

**Last Reviewed:** 03/14/2022

**Phones:** (207) 646-5444 [Fax],  
(207) 646-3444 [Business]\*

**Address:** [Business]\*  
86 Sanford Rd.  
Wells, ME 04090 (York county)

**Web Site:** [www.northbridgecommunities.com/avita-of-wells/](http://www.northbridgecommunities.com/avita-of-wells/)

**Eligibility:** Accepts MaineCare/Medicaid

**Notes:** Private and semi-private apartments in a separate and secure environment to support residents with Alzheimer's and other memory impairments.

Avita's surroundings are thoughtfully designed to be homelike and familiar. Apartments are clustered in small neighborhoods to minimize confusion and agitation and maximize the sense of freedom and comfort.

At Avita, they believe nature plays an important role in the health and happiness of their residents. Each neighborhood is designed with a safe and secure outdoor garden area with pathways for wandering, opportunities for gardening and various seating areas to soak in the sights and sounds of nature.

Avita of Wells also has an adult day center that is open Monday through Friday, 9 a.m. to 4 p.m. Open to anyone needing care. Please call for pricing.

## Provider List - Assisted Living - York County

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### Berwick Estates

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**Contact:**

**Last Updated:** 08/31/2022 11:10:27AM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 384-2715 [Business]\*,  
(207) 591-0751 [Other]

**Address:** [Residence]\*  
79 Portland Street  
South Berwick, ME 03908 (York county)

**Web Site:** [www.newcommunitiesinc.org](http://www.newcommunitiesinc.org)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Berwick Estates located in South Berwick, Maine is an assisted living community for seniors like you who want to remain independent while getting the individualized support they need with daily living activities. Berwick Estates has 37 beds, all semi-private rooms and is a licensed Level IV Residential Care Facility. Respite care may be arranged if a bed is available. Please call for more information, to arrange a tour and/or to apply for admission.

Mailing Address: New Communities, Inc., 869 Main St, Suite 600, Westbrook, ME 04092

### Biddeford Estates

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**Contact:**

**Last Updated:** 03/17/2022 2:46:09PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 283-0111 [Business]\*,  
(207) 591-0751 [Other]

**Address:** [Business]\*  
2 Dartmouth Street  
Biddeford, ME 04005 (York county)

**Web Site:** [www.newcommunitiesinc.org](http://www.newcommunitiesinc.org)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Biddeford Estates, is a four story, 89-bed licensed assisted living community. The goals are for residents to be as self-reliant as they can be, practice individual choice, retain dignity, and participate in activities within the community as much as they want. If a bed is available, respite care can be arranged. Please call for more information and/or to apply for admission.

### Countryside Adult Family Care Home

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**Contact:**

**Last Updated:** 03/17/2022 1:46:11PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 929-5787 [Business]\*

**Address:** [Business]\*  
1334 Long Plains Road  
Buxton, ME 04093 (York county)

**Web Site:**

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Countryside Adult Family Care Home is a licensed Level III Residential Care Facility that provides assisted living care. Private and semi-private rooms are available with an emergency response system built into each room and bathroom. Recreational and social events, including gardening and crafts, are encouraged. The facility will arrange transportation for medical appointments. Countryside also offers respite care at a daily rate. They accept private pay first and then Mainecare.

## Provider List - Assisted Living - York County

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### Huntington Common

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**Contact:**

**Last Updated:** 03/17/2022 3:01:04PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 518-7406 [Main]\*,  
(800) 585-0533 [Business]

**Address:** [Business]\*  
1 Huntington Common Drive  
Kennebunk, ME 04043 (York county)

**Web Site:** [www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)

**Eligibility:**

**Notes:** Huntington Common is a retirement community that offers Independent living, Assisted Living including an Alzheimer's & Memory Impairment Unit, and customized low-vision adaptations to resident suites for low-vision residents. Respite, or short term stays, can be arranged for periods of up to several months based on space availability and the guest's ability to meet admission criteria.  
Please call 518-7406 for more information and application process details including current fee structure.

### Huntington Common: Memory Care

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**Contact:**

**Last Updated:** 03/17/2022 3:01:20PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 985-2810 [Business],  
(800) 585-0533 [Business],  
(207) 518-7406 [Business]\*

**Address:** [Business]\*  
1 Huntington Common Drive  
Kennebunk, ME 04043 (York county)

**Web Site:** [www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)

**Eligibility:**

**Notes:** Huntington Common provides a special neighborhood for residents with Alzheimer's and other memory impairment under Sunrise Senior Living's Reminiscence Program. Bradford Court is a memory impairment/Alzheimer's facility with 24 units. It is a secured environment with a central courtyard that allows residents a sense of freedom. In addition to the physical and emotional assistance and cuing offered by staff, all housekeeping services, linen and laundry are included. Please call 518-7406 to arrange a tour and for more information about the application process.

## Provider List - Assisted Living - York County

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### Sentry Hill at York Harbor

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**Contact:**

**Last Updated:** 03/17/2022 3:01:46PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 363-5116 [Business]\*,  
(207) 363-4182 [Business Fax]

**Address:** [Business]\*  
2 Victoria Court  
York, ME 03909 (York county)

**Web Site:** [www.sentryhillorkharbor.com](http://www.sentryhillorkharbor.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Sentry Hill is a retirement community that offers a wide range of housing options including The Sentry Hill Inn and The Cottages for independent residential living.

Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheimer's Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allow residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Mainecare.

The Dickens Lane facility provides extended living. Private and Semi-private bedroom suites are available, and residents enjoy an array of activities in the sunroom, recreation room, and outside in the courtyard. Our all inclusive service structure allows residents to age in place.

Please note: Only memory care unit accepts Mainecare.

Please call for current fee structure and admission process to any of Sentry Hill

### SHA: Mayflower Place

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**Contact:**

**Last Updated:** 03/17/2022 3:02:36PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 324-6747 [Business]\*

**Address:** [Business]\*  
27 Mayflower Drive  
Sanford, ME 04073 (York county)

**Web Site:** [www.sanfordhousing.org](http://www.sanfordhousing.org)

**Eligibility:**

**Notes:** Mayflower Place is an assisted living program apartment complex. Most units are designed for single occupancy, 4 are slightly larger to accommodate couples. Each unit has a kitchen, living/dining area, and 1BR. There are also communal areas including a dining area, arts & crafts workshop, exercise area, library, solarium, and sittings area for residents. Age 62 and older; HUD Income limit is = or < 60% of York MFI (Median Family Income); and deer medically eligible. SMHC provides assisted living services which include 3 meals/day, personal care assistance, medication monitoring, laundry, housekeeping, assistance with transportation, and recreational activities, and Sanford Housing Authority manages the application/financial eligibility process. Please call for more information.

## Provider List - Assisted Living - York County

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### Southridge Rehabilitation & Living Center

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**Contact:**

**Last Updated:** 03/17/2022 3:03:01PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 282-4138 [Business]\*,  
(800) 671-4138 [Other]

**Address:** [Business]\*  
10 May Street  
Biddeford, ME 04005 (York county)

**Web Site:** [www.southridgerehabandliving.com](http://www.southridgerehabandliving.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Southridge Rehabilitation and Living Center offers a full range of health services from transitional care between hospital and home to long-term nursing care. Rehabilitation is their specialty. They also offer a special program for patients with Alzheimer's Disease but they do not have a locked unit.

There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational, speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the family and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.

### Summer Commons

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**Contact:**

**Last Updated:** 06/06/2022 1:00:46PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 206-1360 [Other]\*

**Address:** [Business]\*  
21 June St  
Sanford, ME 04073 (York county)

**Web Site:**

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare.

## Provider List - Assisted Living - York County

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### The Landing At Saco Bay

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**Contact:**

**Phones:** (207) 284-0900 [Business]\*

**Last Updated:** 03/17/2022 3:08:40PM

**Last Reviewed:** 03/17/2022

**Address:** [Business]\*  
392 Main Street  
Saco, ME 04072 (York county)

**Web Site:** [www.thelandingsmaine.com](http://www.thelandingsmaine.com)

**Eligibility:**

**Notes:** The Landing at Saco Bay is situated in a lovely residential area on charming Main Street in Saco. This setting allows our residents to continue to be part of the town they so love. We offer Memory Care Services, Licensed, Dementia Trained Nursing Staff Onsite; Extended Nursing Care and Elevated Staffing Levels for More Acute Residents, Including Hospice Care; Physician, Dietitian, Psychiatric, Pharmacy and Podiatry Services, Individualized Diets with Specialized Culinary Programs, Three Delicious Daily Meals and Healthy Snacks, Social Engagement Programming Days a Week, Housekeeping and Linen Services.

Our Short-Stay Respite Program features; private and Companion Apartments, Common Areas with Large Screen Televisions, Comfortable Outdoor Spaces, Alzheimer's and Dementia Support Group, Community Education and Support Groups, Affordable Options. Proud to now offer a limited number of MaineCare shared apartments.

### The Lodges Care Center, Inc.

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**Contact:**

**Phones:** (207) 324-4757 [Business]\*

**Last Updated:** 03/17/2022 3:03:25PM

**Last Reviewed:** 03/17/2022

**Address:** [Business]\*  
51 Main Street  
PO Box 355  
Springvale, ME 04083 (York county)

**Web Site:** [www.dltchealthcare.com](http://www.dltchealthcare.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The Lodges Care Center is a 57 bed facility that offers residential assisted living services to a largely senior population. Accommodations include private and semi-private rooms with bath.

## Provider List - Assisted Living - York County

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### Wardwell Gardens

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**Contact:**

**Last Updated:** 03/17/2022 2:46:53PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 284-7061 [Business]\*,  
(207) 283-9642 [Business Fax]

**Address:** [Business]\*  
43 Middle Street  
Saco, ME 04072 (York county)

**Web Site:** [www.wardwell.org](http://www.wardwell.org)

**Eligibility:**

**Notes:** Wardwell Gardens is an assisted living program with 30 1BR and 2BR apartments. Services offered include: 2 or 3 meals/day, transportation, weekly housekeeping, laundry, health monitoring, medication assistance, personal care social and wellness programs. There is 24 hr on-site staff. Wardwell Gardens is subsidized by the Maine State Housing Authority. Age 62 & over & need assistance with 1 or more ADL or IADL; HUD income = or < 60% of YOFI (Median Family Income). Please call for more information about the admissions process.

### Wardwell Home

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**Contact:**

**Last Updated:** 03/17/2022 2:47:05PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 284-7061 [Business]\*,  
(207) 283-9642 [Business Fax]

**Address:** [Business]\*  
43 Middle Street  
Saco, ME 04072 (York county)

**Web Site:** [www.wardwell.org](http://www.wardwell.org)

**Eligibility:**

**Notes:** The Wardwell is an assisted living facility for private pay clients. The Victorian-style Home offers sixteen 1-and-2 bedroom residencies with private bath. Walking paths lead from the porches and wind through the neighborhood that residents can get their exercise. The Wardwell offers residents three meals a day, service coordination, transportation, weekly housekeeping, laundry, health monitoring, social/wellness programs and 24-hour unscheduled assistance. All the residents are encouraged to come together in the Activity Room of the Wardwell Gardens for musical programs, crafts, exercise and social events. Age 62 and older. Please visit the website for more information or call to request an application