

## Provider List - Assisted Living - York County - Mainecare Accepted

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### Anchor Senior Care Residence

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**Contact:**

**Last Updated:** 03/17/2022 8:43:41AM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 324-4046 [Business]\*,  
(207) 324-8849 [Fax]

**Address:** [Business]\*  
25 Oak Street  
Springvale, ME 04083 (York county)

**Web Site:**

**Eligibility:**

**Notes:** Anchor Senior Care is a licensed 10 bed Level IV residential Care Facility. They provide a family atmosphere, nutritious home-cooked meals, transportation to doctor appointments and take pride in keeping a clean, comfortable, warm, safe environment that allows for personal independence and respect and allows privacy. Mainecare is accepted.  
Please call for more information and/or to apply for admission.

### Atlantic Heights

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**Contact:**

**Last Updated:** 03/17/2022 2:59:55PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 283-3022 [Business]\*,  
(207) 283-4236 [Business Fax],  
(800) 874-6990 [Toll free in state]

**Address:** [Business]\*  
100 Harbor Drive  
Saco, ME 04072 (York county)

**Web Site:** [www.atlanticheightsretirement.com](http://www.atlanticheightsretirement.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Atlantic Heights is a retirement community that offers a wide range of housing options and services including Independent Living, Assisted Living, Alzheimer's Care, Respite, Skilled Nursing & Rehab, Long Term Care and Hospice. Community members have priority access to the comprehensive healthcare services offered at Atlantic Heights. Vary depending on Housing & Services options selected.

Please call for more information.

## Provider List - Assisted Living - York County - Mainecare Accepted

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### Berwick Estates

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**Contact:**

**Last Updated:** 08/31/2022 11:10:27AM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 384-2715 [Business]\*,  
(207) 591-0751 [Other]

**Address:** [Residence]\*  
79 Portland Street  
South Berwick, ME 03908 (York county)

**Web Site:** [www.newcommunitiesinc.org](http://www.newcommunitiesinc.org)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Berwick Estates located in South Berwick, Maine is an assisted living community for seniors like you who want to remain independent while getting the individualized support they need with daily living activities. Berwick Estates has 37 beds, all semi-private rooms and is a licensed Level IV Residential Care Facility. Respite care may be arranged if a bed is available. Please call for more information, to arrange a tour and/or to apply for admission.

Mailing Address: New Communities, Inc., 869 Main St, Suite 600, Westbrook, ME 04092

### Biddeford Estates

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**Contact:**

**Last Updated:** 03/17/2022 2:46:09PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 283-0111 [Business]\*,  
(207) 591-0751 [Other]

**Address:** [Business]\*  
2 Dartmouth Street  
Biddeford, ME 04005 (York county)

**Web Site:** [www.newcommunitiesinc.org](http://www.newcommunitiesinc.org)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Biddeford Estates, is a four story, 89-bed licensed assisted living community. The goals are for residents to be as self-reliant as they can be, practice individual choice, retain dignity, and participate in activities within the community as much as they want. If a bed is available, respite care can be arranged. Please call for more information and/or to apply for admission.

### Countryside Adult Family Care Home

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**Contact:**

**Last Updated:** 03/17/2022 1:46:11PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 929-5787 [Business]\*

**Address:** [Business]\*  
1334 Long Plains Road  
Buxton, ME 04093 (York county)

**Web Site:**

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Countryside Adult Family Care Home is a licensed Level III Residential Care Facility that provides assisted living care. Private and semi-private rooms are available with an emergency response system built into each room and bathroom. Recreational and social events, including gardening and crafts, are encouraged. The facility will arrange transportation for medical appointments. Countryside also offers respite care at a daily rate. They accept private pay first and then Mainecare.

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### Sentry Hill at York Harbor

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**Contact:**

**Last Updated:** 03/17/2022 3:01:46PM

**Last Reviewed:** 03/17/2022

**Phones:** (207) 363-5116 [Business]\*,  
(207) 363-4182 [Business Fax]

**Address:** [Business]\*  
2 Victoria Court  
York, ME 03909 (York county)

**Web Site:** [www.sentryhillorkharbor.com](http://www.sentryhillorkharbor.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Sentry Hill is a retirement community that offers a wide range of housing options including The Sentry Hill Inn and The Cottages for independent residential living.

Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheimer's Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allow residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Mainecare.

The Dickens Lane facility provides extended living. Private and Semi-private bedroom suites are available, and residents enjoy an array of activities in the sunroom, recreation room, and outside in the courtyard. Our all inclusive service structure allows residents to age in place.

Please note: Only memory care unit accepts Mainecare.

Please call for current fee structure and admission process to any of Sentry Hill

## Provider List - Assisted Living - York County - Mainecare Accepted

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### Southridge Rehabilitation & Living Center

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**Contact:** [Business]\*  
**Last Updated:** 03/17/2022 3:03:01PM  
**Last Reviewed:** 03/17/2022

**Phones:** (207) 282-4138 [Business]\*,  
(800) 671-4138 [Other]

**Address:** [Business]\*  
10 May Street  
Biddeford, ME 04005 (York county)

**Web Site:** [www.southeridgerehabandliving.com](http://www.southeridgerehabandliving.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Southridge Rehabilitation and Living Center offers a full range of health services from transitional care between hospital and home to long-term nursing care. Rehabilitation is their specialty. They also offer a special program for patients with Alzheimer's Disease but they do not have a locked unit.

There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational, speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the family and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.

### Summer Commons

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**Contact:** [Business]\*  
**Last Updated:** 06/06/2022 1:00:46PM  
**Last Reviewed:** 03/17/2022

**Phones:** (207) 206-1360 [Other]\*

**Address:** [Business]\*  
21 June St  
Sanford, ME 04073 (York county)

**Web Site:**

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare.

### The Lodges Care Center, Inc.

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**Contact:** [Business]\*  
**Last Updated:** 03/17/2022 3:03:25PM  
**Last Reviewed:** 03/17/2022

**Phones:** (207) 324-4757 [Business]\*

**Address:** [Business]\*  
51 Main Street  
PO Box 355  
Springvale, ME 04083 (York county)

**Web Site:** [www.dltchealthcare.com](http://www.dltchealthcare.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The Lodges Care Center is a 57 bed facility that offers residential assisted living services to a largely senior population. Accommodations include private and semi-private rooms with bath.