

Provider List - Adult Day Centers - Cumberland & York Counties

Avita of Stroudwater

Contact:

Last Updated: 12/14/2021 8:58:19AM

Last Reviewed: 12/14/2021

Phones: (207) 857-9007 [Business]*

Address: [Business]*

Avita Of Stroudwater
113 Landing Rd
Westbrook, ME 04092 (Cumberland county)

Web Site: www.northbridgecommunities.com/avita-of-stroudwater/

Eligibility: Accepts Mainecare/Medicaid

Notes: Avita of Stroudwater is a 60 unit community that offers assisted living services in private and semi-private apartments for people age 62 and older in need of memory care. Please call for current fee structure and more information about admission procedure. Private pay required for an initial period before Mainecare accepted after 2 years of private pay. Avita also has an adult day program for seniors with memory issues. They require a 3 day minimum and can go up to 5 days a week. Hours are from 9 a.m. to 4 p.m. Call Avita for more information.

Avita of Wells

Contact:

Last Updated: 09/07/2022 3:59:41PM

Last Reviewed: 03/14/2022

Phones: (207) 646-5444 [Fax],
(207) 646-3444 [Business]*

Address: [Business]*

86 Sanford Rd.
Wells, ME 04090 (York county)

Web Site: www.northbridgecommunities.com/avita-of-wells/

Eligibility: Accepts Mainecare/Medicaid

Notes: Private and semi-private apartments in a separate and secure environment to support residents with Alzheimer's and other memory impairments.

Avita's surroundings are thoughtfully designed to be homelike and familiar. Apartments are clustered in small neighborhoods to minimize confusion and agitation and maximize the sense of freedom and comfort.

At Avita, they believe nature plays an important role in the health and happiness of their residents. Each neighborhood is designed with a safe and secure outdoor garden area with pathways for wandering, opportunities for gardening and various seating areas to soak in the sights and sounds of nature.

Avita of Wells also has an adult day center that is open Monday through Friday, 9 a.m. to 4 p.m. Open to anyone needing care. Please call for pricing.

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Barron Center Adult Day Care

Contact:
Last Updated: 03/25/2022 7:12:41AM
Last Reviewed: 03/21/2022

Phones: (207) 541-6623 [Business Fax],
(207) 541-6619 [Business]*

Address: [Business]*
1145 Brighton Avenue
Portland, ME 04102 (Cumberland county)

Web Site: <http://www.portlandmaine.gov/234/Adult-Day-Services>

Eligibility:

Notes: The City of Portland Adult Day Services Program is designed to offer supportive, daytime care that enables individuals living alone or with family to remain at home; help individual clients rediscover and expand their abilities, friendships, and interests; Provide a specialized program for clients with Alzheimer's disease or related dementia; provide much-needed respite for caregivers.
Services include: light breakfast and hearty noon meal, health and medication monitoring by an R.N., therapeutic activities such as music, art, exercise, and much more. For more information or to schedule a visit, call 207-541-619.

Bay Square Harbor Adult Day Program

Contact:
Last Updated: 04/06/2022 3:36:03PM
Last Reviewed: 04/06/2022

Phones: (207) 387-8334 [Business]*

Address: [Business]*
Bay Square At Yarmouth
27 Forest Hills Drive
Yarmouth, ME 04096 (Cumberland county)

Web Site: <https://benchmarkseniorliving.com/our-communities>

Eligibility:

Notes: The Harbor Adult Day Program in Yarmouth is designed for people diagnosed with Alzheimer's Disease or a related dementia. The program provides a full day of activities, 2 nutritious meals per day, and minimum to moderate assistance with daily living activities. Harbor Day Program participants are provided with all the memory care and programs Bay Square at Yarmouth provides, but they then return to their own homes at night. The Harbor Day Program does not offer assistance with medications, medical oversight, and transportation to or from the Program or assistance that requires the aid of two caregivers.

Day Program operates Monday-Thursday from 9am-4pm; Age 65 and older with memory impairment.

Please call for current rates and/or to discuss admission to the program or respite care options

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DHHS Residential Care/ALF/ADS Search

Contact:

Last Updated: 04/04/2022 8:49:24AM

Last Reviewed: 04/04/2022

Phones:

Address:

Web Site: <https://www.pfr.maine.gov/ALMSOnline/ALMSQuery/SearchCompany.aspx>

Eligibility:

Notes: NOTE _ at the search screen be sure to select the "Business Type" and narrow the search to State of Maine and the county you want. Business Type includes:

This database can be searched by County, Town or type of facility including:

- Adult Day Services Facilities
- Assisted Living Facilities
- Level I Residential Care Facility: A Level I RCF is a 1 or 2 bed facility where residents receive room and board and services as needed.
- Level II Residential Care Facility: A Level II RCF is a 3 to 6 bed facility (family operated) where residents receive room and board and services as needed.
- Level III Residential Care Facility: A Level III RCF is a 3 to 6 bed facility (agency operated) where residents receive room and board and services as needed.
- Level IV Residential Care Facility: A Level IV RCF is a facility with more than 7 beds. They also provide room and board and services as needed.

Golden Years Adult Day Services

Contact:

Last Updated: 03/25/2022 7:39:33AM

Last Reviewed: 03/25/2022

Phones: (207) 850-4793 [Business]*

Address: [Residence]*
24 Hoyt St.
Springvale, ME 04083 (York county)

Web Site: www.goldenyearsads.com

Eligibility: Disability / Health Condition

Notes: The Golden Years Adult Day Care is a licensed home based handicapped accessible adult daycare that helps families care for older adults and adults with disabilities. They offer structured weekday supervision and care designed to enhance their well-being. They provide a safe and supportive environment, a needed break for caregivers, and can delay premature nursing home placement.

Person-centered activities are designed to engage the individual in ways that will be fun, stimulating, and interesting. Each participant's interests and abilities are assessed when they enroll and the therapeutic activities are developed for each participant. Provides personal care assistance when needed, assistance with medication administration, therapeutic activities, breakfast, lunch, a.m. and p.m. snacks, monthly Vitals including weight checks, service plans are evaluated frequently to address your loved ones level of care.

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Island Commons Assisted Living

Contact:

Last Updated: 03/25/2022 7:43:15AM

Last Reviewed: 03/25/2022

Phones: (207) 846-5610 [Business]*,
(207) 846-9706 [Business Fax],
(207) 846-4456 [Other]

Address: [Business]*
132 Littlefield Road
Chebeague Island, ME 04017 (Cumberland county)

Web Site: www.islandcommons.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Island Commons provides residential and health care services to up to 6 people. Populations served include the dependent elderly, adults with mental illness or retardation, and adults with Alzheimer' s/dementia.

There is an on-site licensed Adult Day Program that can accommodate two additional adults each day for health monitoring, rest, and personal care services in addition to a group program of meals, therapeutic activities, medication administration, supervision, and companionship. This program is available to any elder on Chebeague who wishes to spend a day with others, share a meal and participate in-group or individual activities or as respite for the family.

Level IV PNMI Residential Care Facility & Adult Day Program

Please call for more information and the admissions process

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Mount Washington Valley Adult Day Center

Contact:

Last Updated: 06/10/2022 8:50:37AM

Last Reviewed: 06/10/2022

Phones: (603) 452-0780 [Fax],
(603) 356-4980 [Business]*

Address: [Business]*
987 East Main St, Rte. 113
Center Conway, NH 03813 (Carroll county),
[Mailing]
987 East Main St, Rte. 113
Center Conway, NH 03813 (Carroll county)

Web Site: <https://www.mwvadultdaycenter.org/>

Eligibility: Accepts Mainecare/Medicaid

Notes: Mount Washington Vally Adult Day Center provides a full range of daily social and therapeutic activities, includes t is not limited to: OMA Therapeutic Art Program, gardening, floral and crafts, simple baking, poetry, outdoor healir garden, community education, music programs, game room, gentle exercise, yoga and dance. MWV Adult Day Center provides healthy meals and snacks, individualized plan of care, medication administration, health care navigation, assistance with activities of daily living as needed, on going multidisciplinary care planning, Caregiver support and counseling, guidance in determining and accessing financial assistance programs. Spa services (hair, nails, bathing) and transportation offered for additional fees.

MWV Adult Day Center is open Monday through Friday, 8am-5pm, with guest services available 8:30-4:30. Drop i Hours available upon request for all enrolled guests. Eligibility requirements for participants: Up to date vaccinatic , including both doses of Covid-19, medical records received, completion of all enrollment forms, Power of Atorney documents, participant will not require 1:1 staff to maintain their safety or safety of others, participant in care pla reviews every 6 months. Handicapped accessible.

Please call the center for more information.

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Port Resources

Contact:

Last Updated: 04/01/2022 7:16:14AM

Last Reviewed: 04/01/2022

Phones: (207) 828-0048 [Business]*,
(207) 772-3743 [Fax]

Address: [Business]*
280B Gannett Drive
South Portland, ME 04106 (Cumberland county)

Web Site: <https://www.portresources.org>

Eligibility:

Notes: Port Resources provides services to people with Developmental Disabilities. They also support persons with acute mental health issues and challenging behaviors. Some residential programs offer intensive staffing and others operate on more of a supported living model. Referrals for this program are sent regularly from The Department of Health and Human Services in conjunction with case management services.
Eligibility: Persons with developmental disabilities who have Medicaid waiver funding or equivalent

Offering ElderCare Services. Using a collaborative strengths-based approach, our team of clinicians offers outpatient therapy in the geriatric individual's nursing facility or assisted living residence and in the home. Family therapy and behavior management support are also provided. Geriatric clients will increase awareness and acceptance of the aging & grieving process, gain knowledge about their mental and behavioral health challenges, well as learn coping skills when faced with a memory loss diagnosis. Contact Tammy Pike, TPike@portresources.org, for more information.

Adult day program is open 5 days per week, Monday through Friday, from 9:00am to 3:30 pm. The program focuses on the 45 year old age group and above with a mix of clients (Developmental and Intellectual Disabilities, Autism well as clients with Dementia). Funding accepted through Section 21, Section 29 and Private Pay.

Memory Cafe - 1st Wednesday of every month for those with dementia or Alz or their caregivers. 12 - 1 pm.

Area Served: Cumberland, York counties. Please call for more information. Intake procedure varies by program.

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SMAA Sam L. Cohen Adult Day Center

Contact:

Last Updated: 07/22/2022 2:41:56PM

Last Reviewed: 04/01/2022

Phones: (800) 427-7411 [Toll free in state]*,
(207) 396-6533 [Business]

Address: [Business]*

SMAA At The Sam L. Cohen Center
30 Barra Rd
Biddeford, ME 04005 (York county)

Web Site: <http://www.smaa.org/adultdaycenters>

Eligibility: Disability / Health Condition

Notes:

The Sam L. Cohen Adult Day Center encompasses state-of-the-art facilities and programs for adults living with dementia or other cognitive impairments. The Center offers person-centered therapeutic activities designed to increase positive social interactions and improve overall health and well-being for members. Staff include a registered nurse, certified recreation therapist and a licensed social worker. In addition to respite, the Center provides support for the caregivers to help them address behavioral challenges and the social isolation and loneliness that can accompany caring for a person with dementia. Our Family Caregiver specialists offer education classes, forums, and group and individual support sessions for caregivers. A hot, nutritious lunch and morning and afternoon refreshments are served daily.

Opened Monday, Wednesday and Friday 9am - 4pm. Regular schedules and drop-in hours are available.

Please call for information on becoming a member and about rates - Many members pay with private funds or long term care insurance. In some instances state funding through MaineCare is available. The Veterans' Administration offers a program that pays for day center hours. Staff can assist with locating subsidies for care.

The Cedars Mindful Connections

Contact:

Last Updated: 05/18/2022 3:40:59PM

Last Reviewed: 03/21/2022

Phones: (207) 221-7000 x 1456 [Business]*

Address: [Business]*

620 - 640 Ocean Avenue
Portland, ME 04103 (Cumberland county)

Web Site: www.thecedarsportland.org

Eligibility:

Notes:

At The Cedars, we believe that people with memory loss have the ability to lead rich lives and make meaningful contributions to their community. Mindful Connections can help.

The Cedars holistic approach to treatment spans the six dimensions of wellness: physical, intellectual, occupational, social, spiritual, and emotional. Designed for seniors in the early to moderate stages of neuro-cognitive impairment who are living in the community. The Wellness Group is a gathering of a small group of seniors and their Certified Dementia Practitioner with expertise in therapeutic recreation- takes place three days per week for four hours. Participants join together for specialized exercise, engage in activities to preserve cognition and spark purpose and pleasure, and social interactions that forge real friendships. Mindful Connections provides resources, strategies, and respite for caregivers while enhancing health and offering hope to clients.

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The Gathering Place

Contact:

Phones: (207) 439-6111 [Business]*

Last Updated: 04/01/2022 8:18:31AM

Last Reviewed: 04/01/2022

Address: [Business]*
518 Route One
Kittery, ME 03904 (York county)

Web Site: www.gatheringplace.vpweb.com

Eligibility:

Notes:

The Gathering Place is an adult social day center where members have the opportunity to socialize, make new friends, enjoy peer support and do activities, in a stimulating and supportive environment that promotes better physical and mental health. Dedicated to serving seniors who need assistance with daily living while enjoying the company of peers and enriching activities. Members regularly enjoy music, arts and entertainment, and are quick make friends. The Gathering place offers socializing over a cup of tea, exercise classes, outings, and more. Our caring staff is dedicated to making your time with us enjoyable while assisting to your daily care needs that may arise. The Gathering Place provides a comfortable, home-like atmosphere which is relaxing, welcoming, and social and intellectually enriching. The number of days chosen for your loved one is as open as you need it to be. Monday through Friday from 10:00 am to 3:00 pm. Members may come any number of days per week. Program Fee: The fee is \$56 per day, paid monthly.

Please call for current fees and more information and or to arrange a tour of the facility.