

Track & Field Schedule

July 29, 2017

9:00-1:00



Running Events

9:00 50m
9:30 1500m
10:00 1500 Power Walk
10:30 100m
11:00 800m
11:30 200m
12:00 Lunch
12:15 1500 Race Walk
12:45 400m
1:00 3000m

Jumping Events

9:00 Long Jump (women all ages)
High Jump (women all ages)
9:30 Long Jump (men 50-69)
10:00 Triple Jump (women all ages)
High Jump (men all ages)
10:15 Long Jump (men 70-100)
10:30 Triple Jump (men all ages)

Throwing Events

9:00 Javelin (women all ages)
Shot Put (men 50-59)
Discus (men 60-74)

9:30 Javelin (men 50-59)
Shot Put (men 75-100)
Discus (women all ages)

10:00 Javelin (men 75-100)
Shot Put (men 60-74)
Discus (men 50-59)

10:30 Javelin (men 60-74)
Shot Put (women all ages)
Discus (men 75-100)