



<p>Baked Beans & Hot Dog *** Baked Beans & Hot Dog Served with Corn</p>	<p>Chimichurri Beef & Rice Seasoned Ground Beef Rice with Vegetables</p>	<p>Indian Style Chicken Curry Mild Indian Curry Sauce Jeera Style Rice, Broccoli</p>	<p>New England Style Clam Chowder *** Peas, Corn & Oyster Crackers</p>	<p>Sliced Chicken with Spinach & Parmesan Sauce over Roasted Potatoes served with Broccoli</p>
<p>Beef Chili with Turmeric Rice Mild Beef Chili with Turmeric Rice & Green Beans</p>	<p>Colby Cheese Omelet *** A Cheddar Omelet with Roasted Potatoes Turkey Sausage Patty</p>	<p>Lemon Dill Tilapia Red Chunk Potatoes Peas</p>	<p>Pancakes & Egg *** Turkey Sausage Patty & Strawberry Compote Egg & Roasted Potatoes</p>	<p>Southwest Black Beans *** Corn & Rice with Cheese Rice & Black Beans, Tomatoes Corn, Peppers with Tortillas</p>
<p>Beef Goulash Pasta with Tomato Sauce Peppers & Onions with Sliced Zucchini</p>	<p>Cottage Pie Beef & Vegetables in Sauce Cheese & Parsley Potatoes with Italian Style Green Beans</p>	<p>Meatballs Marinara *** Penne Pasta & Italian Green Beans</p>	<p>Pork with Garlic Sauce Braised Pork in Mushroom with Sauce, Roasted Potatoes, Peas, Zucchini, Green Beans, Carrots & Onions</p>	<p>Sweet & Sour Meatballs *** Sesame Vegetable Fried Rice Green Beans</p>
<p>Cheese & Beef Macaroni Creamy Cheese Sauce Mixed Vegetables</p>	<p>Eggplant Parmesan *** Marinara Sauce with Penne Pasta with Cauliflower & Broccoli</p>	<p>Meatballs w/ Stout & Mustard Thyme Sauce *** Pasta, Green Beans, Carrots Corn & Peas</p>	<p>Pork w/ Wine Dijon Sauce Braised Pork & Herb Sauce Sour Cream Mashed Potatoes, Broccoli & Green Beans</p>	<p>Sweet Potato Chili *** Three Bean Chili with Sweet Potatoes, Tomatoes, Brown Rice & Peas</p>
<p>Cheese Lasagna with Lentil Bolognese Peas, Zucchini, Green Beans, Carrots & Onions</p>	<p>French Toast, Egg & Sausage *** Cinnamon Swirl French Toast with Egg & Sausage and Apple Compote</p>	<p>Meatloaf w/ Tomato Gravy Roasted Potatoes, Corn & Peas</p>	<p>Pork w/ Apple & Onion Sauce Cranberry & Lentil Rice Mixed Vegetables</p>	<p>Turkey Stew Red Skin Potatoes, Celery, Peas, Mushrooms & Onions in Sauce Cauliflower, Broccoli & Carrots</p>
<p>Cheese Ravioli with Butternut Squash, Spinach & Sage Cream Sauce Served with Broccoli & Carrots</p>	<p>Ham & Pineapple *** Mashed Sweet Potato Corn</p>	<p>Mediterranean Style Chicken Tomatoes, Mushrooms & Spinach, Chick Peas, Brown Rice Medley & Broccoli</p>	<p>Salisbury Steak Stroganoff Garlic & Parsley Mashed Potatoes, Green Beans & Corn</p>	<p>Turkey Tetrazzini Turkey & Pasta in Tetrazzini Mushrooms, Celery, Peas, Onions & a Vegetable Blend</p>
<p>Chicken Paprika Smokey Tomato Paprika Sauce Served with Pasta & Broccoli</p>	<p>Honey Mustard Pork Brown Rice Pilaf and a Blend of Peas, Zucchini, Green Beans, Carrots & Onions</p>	<p>Moroccan Vegetable Stew Blend of Tomatoes, Beans, Root Vegetables in a Broth with Brown Rice & Zucchini</p>	<p>Shells & Cheese Cheese Sauce w/ Bread Crumbs Peas & Vegetable Blend</p>	<p>Waffles *** Blueberry Compote Turkey Sausage Patty & Potatoes</p>

Sample Menu (Subject to change)

Please note: Meal selections vary by site and may not be available at time of order
Meals are low sodium unless noted with an ***